





LONG-TERM CARE FACILITES

PLACEMENT IN A LONG-TERM CARE FACILITY may be the only option available when the needs of an older adult can no longer be met by family, friends, or community services. Decisions regarding placement should be made with care to ensure the best interests of the prospective resident.

SELECTING AN APPROPRIATE FACILITY requires thorough research. Whenever possible, the prospective resident should be involved in the decision-making process. Visit several facilities informally to identify those that have characteristics you consider important.

Annual surveys of individual facilities can be viewed on the Illinois Department of Public Health Website at **www.idph.state.il.us**. For detailed information about the performance of every Medicare and Medicaid certified long term care facility, go to **www.medicare.gov/NHCompare**. Then schedule an appointment with the administrator or the director of admissions at the facilities being considered.

FOLLOWING PLACEMENT, family and friends should visit frequently and remain involved in the resident's care. If concerns and/or complaints arise, a referral can be made to the Illinois Department of Public Health and/or the Long-Term Care Ombudsman Program (listed below).

CHOICES FOR CARE

ALL LONG-TERM CARE FACILITY APPLICANTS, regardless of payment method, must have a pre- admission screening completed before they can be admitted. (Public Act 89-0021). This is a comprehensive assessment by a professional case manager to determine the appropriateness of placement, discuss eligibility for Medicaid and provide information on alternative home and community-based services. The assessment measures a person's functional ability, as well as current support from family, friends, and other sources.

Screenings are completed in the hospital prior to discharge or in the home of a prospective client. All long-term care facility applicants retain the right to choose long term care facility admission, even if it is not recommended.

To schedule an assessment, call DuPage County Intake & Referral **630-407-6500** or **1-800-942-9412**.



CHOOSING A LONG-TERM CARE FACILITY

WHEN CHOOSING A LONG-TERM CARE FACILITY, SCHEDULE A TOUR. THEN ASK THE FOLLOWING QUESTIONS:

- Is the home licensed by the state, and when was the last licensing survey completed?
- Ask to see a copy of the most current report.
- What services are covered by the monthly rate and what charges may be covered by Medicare, Medicaid, and/or private insurance?
- Would there be a problem transferring from Private Pay to Medicaid in the future?
- Does the nursing facility have a limited number of beds that are
- How are residents' medical needs met? Does the nursing facility have an arrangement with a local hospital to handle emergencies?
- What are policies regarding access to medical records and discharge?
- Are special diets accommodated?
- Can meals be sampled?
- Are guests accommodated?

- Does the facility have a safe environment?
- Are there call lights and grab bars in bathrooms and bedsides, automatic sprinkler system for fire, and clearly marked fire exits?
- Is the home free of unpleasant odors? Are the grounds inside the facility maintained, ex: clean floors, carpeting, windows?
- Does the staff treat residents with kindness, courtesy, and respect?
- Does the staff interact with residents?
- Are both individual and group activities scheduled?
- Is a copy of the monthly activity calendar visible?
- Are provisions made for residents who speak a foreign language?
- Do the residents look well groomed?
- What are the visiting hours? Are they convenient to prospective visitors?
- Are residents given privacy and allowed to keep some personal belongings?

Make one or two unannounced visits. If possible, discuss with current residents how satisfied they are.

LEVELS OF CARE

SKILLED CARE - Skilled Nursing Facilities provide 24-hour patient care including medical, nursing, dietary, pharmaceutical, and rehabilitative services. This level of care comes closest to hospital care. Medicaid will pay for eligible residents in a certified facility. Medicare may pay for a limited stay for rehabilitation services, depending upon a patient's diagnosis and prognosis.

INTERMEDIATE CARE - Intermediate Care Facilities provide in-patient care for residents who need nursing supervision and supportive services, but who do not require continuous nursing care. Individuals with relatively stabilized long-term illnesses or disabilities, including mental illnesses, are appropriate for this level of care. Medicaid pays for qualified recipients in an Intermediate Care Facility.

SHELTERED CARE - Sheltered Care Facilities provide a supervised setting for individuals who need a protective environment. Residents do not require nursing care, but need assistance with meals, dressing, walking and personal care.

Periodic medical exams and other medical services are provided when needed. Medicare and Medicaid will not pay for this level of care.

YOU HAVE RIGHTS AS A RESIDENT IN A LONG-TERM CARE FACILITY

□You have the right to safety and good care.	
□You have the right to participate in your own care, and care planning.	
□You have the right to privacy.	
□You have rights regarding your money.	
□You have personal property rights.	
□You have rights as a citizen and a facility resident.	
□You have rights in paying for your care and receiving Medicare and Medicaid.	



	NAME AND PHONE			P	ΑΥM	ENT		LEVEL OF	
	ADDRESS	PHONE NUMBER	PRIVATE PAY	MEDICAID	MEDICARE	INSURANCE	VETERAN'S CONTRACT	CARE *Miscellan	eous
AURORA									
Thrive of Fox Valley	4020 E. New York Street, Aurora, IL 60504	331-301-5590	x		x	x		Skilled Care	*Respite Care Program
BENSENVILLE									
Bridgeway Senior Living	111 E. Washington Street, Bensenville, IL 60106	630-766-5800	x	x	x	x		Skilled Care	*Memory Care Unit, Respite Care Program
BLOOMINGDALE									
Alden Valley Ridge	275 E. Army Trail Road, Bloomingdale, IL 60108	630-893-9616	х	x	x	x	x	Skilled Care	*Memory Care Unit, Respite Care Program
Bella Terra Bloomingdale	165 S. Bloomingdale Road, Bloomingdale, IL 60108	630-980-8700	x	х	x	x		Skilled Care	*Memory Care Unit, Respite Care Program
West Suburban Nursing and Rehabiliation Center	311 Edgewater Drive, Bloomingdale, IL 60108	630-894-7400	X	x	x	X		Skilled Care	*Memory Care, On-site Dialysis, Respite Care Program
BURR RIDGE									
Dimensions Living Burr Ridge	6801 High Grove Blvd, Burr Ridge, IL 60527	630-920-2900	x		x	X		Skilled Care & Sheltered Care	*Memory Care Unit, Respite Care Program
CAROL STREAM					ı				
Covenant Living at Windsor Park	124 Windsor Park Drive, Carol Stream, IL 60188	331-218-3637	X	x	x	x		Skilled Care & Assisted Living	*Memory Care Unit, Respite Care Program, Sub-acute Rehab
DOWNERS GROVE									
Oak Trace	250 Village Drive, Downers Grove, IL 60516	630-769-6200	X		x	X		Skilled Care & Sheltered Care	*Memory Care Unit, On-site Dialysis, Respite Care Program



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	ADDRESS	PHONE NUMBER	PRIVATE PAY	MEDICAID WEDICARE IN SURANCE CONTRACT WISCELLA WISCELLA WISCELLA WISCELLA WEDICARE				CARE *Miscelland	neous	
ELMHURST										
Bella Terra Elmhurst	420 W. Butterfield Road, Elmhurst, IL 60126	630-832-2300	X	X	X	x		Skilled Care	*Respite Care Program	
Elmhurst Extended Care	200 E. Lake Street, Elmhurst, IL 60126	630-516-5000	X	X	X	x		Skilled Care	*Memory Care Unit, Respite Care Program	
Grove, The	127 W. Diversey Ave, Elmhurst, IL 60126	630-530-5225	x	X	x	x	x	Skilled Care & Intermediate Care	*Memory Care Unit, Respite Care Program	
Park Place of Elmhurst	1050 Euclid Avenue, Elmhurst, IL 60126	630-333-4343	x		x	х		Skilled Care & Assisted Living	*Memory Care Unit, Respite Care Program	
HINSDALE										
Promedica Skilled Nursing Hinsdale	600 Ogden Ave, Hinsdale, IL 60521	630-325-9630	x	x	x	х		Skilled Care	*Respite Care Program	
ITASCA										
Forest View	535 S. Elm Street, Itasca, IL 60143	630-773-9416	X	x	x	x		Skilled Care & Intermediate Care	*Memory Care Unit, Respite Care Program	
LISLE										
Brookdale Lisle Skilled Nursing	1800 Robin Lane, Lisle, IL 60532	630-810-0500	x		x	x		Skilled Care & Sheltered Care	*Respite Care Program	
Thrive of Lisle	2850 Ogden Avenue, Lisle, IL 60532	331-249-6200	x		х	х		Skilled Care	*Respite Care Program	



	NAME AND PHONE		PAYMENT					LEVEL OF	
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LOMBARD									
Beacon Hill	2400 S. Finley Road, Lombard, IL 60148	630-620-5850	x		х	x		Skilled Care & Intermediate Care	*Memory Care Unit, Respite Care Program
Bella Terra Lombard	2100 S. Finley Road, Lombard, IL 60148	630-495-4000	x	x	x	x		Skilled Care	*Respite Care Program
NAPERVILLE									
Alden Estates of Naperville	1525 Oxford Lane, Naperville, IL 60565	630-983-0300	x	x	x	х	х	Skilled Care	*Memory Care Unit, Respite Care Program
Arista Nursing and Rehab	1136 N. Mill Street, Naperville, IL 60563	630-355-3300	X	x	x	x		Skilled Care	*Respite Care Program
Meadowbrook Manor	720 Raymond Drive, Naperville, IL 60563	630-355-0220	x	X	х	х		Skilled Care	*Memory Care Unit, On-site Dialysis, Respite Care Program
Pearl, The	200 W. Martin Avenue, Naperville, IL 60540	630-355-4111	x	X	х	x		Skilled Care	*Memory Care Unit, On-site Dialysis, Respite Care Program
Springs at Monarch Landing Skilled Nursing, The	2308 Illinois Route 59, Naperville, IL 60563	630-300-1350	X		x	x		Skilled Care & Assisted Living	*Memory Care Unit, Respite Care Program
St. Patrick's Residence	1400 Brookdale Road, Naperville, IL 60563	630-416-6565	x	X	X	x		Skilled Care, Immediate Care, Sheltered Care	*Memory Care Program, Respite Care Program, Sub-acute Rehab
Tabor Hills Healthcare Facility	1347 Crystal Avenue, Naperville, IL 60563	630-778-6677	x	x	x	x		Skilled Care & Intermediate Care	*Respite Care Program



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OAK BROOK									
Oak Brook Care	2013 Midwest Road, Oak Brook, IL 60523	630-495-0220	X	X	X	x		Skilled Care & Intermediate Care	*Respite Care Program
ROSELLE									
Abbington Rehab and Nursing Center	31 Central Avenue, Roselle, IL 60172	630-894-5058	X	X	x	x		Skilled Care & Intermediate Care	*Respite Care Program
WEST CHICAGO									
Aperion Care West Chicago	201 West North Avenue, West Chicago, IL 60185	630-876-8100	x	x	x	x		Skilled Care	*Behavioral Health Unit, On- site Dialysis, Respite Care Program
WESTMONT									
Bria of Westmont	6501 S. Cass Avenue, Westmont, IL 60559	630-960-2026	X	x	x	x	x	Skilled Care & Intermediate Care	*Respite Care Program, Therapy Pool
Burgess Square	5801 Cass Avenue, Westmont, IL 60559	630-971-2645	x	x	x	х		Skilled Care	*Congestive Heart Program, Pulmonary Rehab, Respite Care Program
Westmont Manor	512 E. Ogden Ave, Westmont, IL 60559	630-323-4400	X	X	X	x		Skilled Care	*On-site Dialysis, Respite Care Program



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WHEATON									
Kenneth Moy DuPage Care Center	400 N. County Farm Road, Wheaton, IL 60187	630-665-6400	X	X	x	x		Skilled Care	*Memory Care Unit
Wheaton Village	1325 Manchester Road, Wheaton, IL 60187	630-668-2500	X	X	x	x		Skilled Care & Intermediate Care	*Behavioral Health Care, Respite Care Program
Wynscape	2180 Manchester Road, Wheaton, IL 60187	630-665-4330	x		x	x		Skilled Care & Intermediate Care	*Respite Care Program
WILLOWBROOK									
Chateau Center	7050 S. Madison Street, Willowbrook, IL 60527	630-323-6380	x	X	x	x		Skilled Care & Intermediate Care	*Memory Care Unit, Respite Care Program
WINFIELD									
Ahva Care of Winfield	28W141 Liberty Street, Winfield, IL 60190	630-668-9696	x	X	x	x		Skilled Care & Intermediate Care	*Respite Care Program

LONG-TERM CARE OMBUDSMAN PROGRAM

DuPage County Senior Services 421 N. County Farm Road, Wheaton, IL 60187 (630) 407-6500 or 1-800-942-9412

The role of the ombudsman is to respond to questions, concerns and complaints that involve people aged 60 and over who live in long term care facilities, and to advocate on their behalf. Information is also provided to residents and their family members on resident rights, nursing facility care, admissions contracts, Medicare, and Medicaid.



ILLINOIS DEPARTMENT OF PUBLIC HEALTH (IDPH)

245 W. Roosevelt Road, Building #5, West Chicago, IL 60185-4803 (630) 293-6800 1-800-547-0466 (TDD)

IDPH assures that long term care facilities meet the licensing requirements of the state and that they comply with federal and state rules and regulations. Facilities must pass an annual certification survey. Annual surveys can be viewed at **www.idph.state.il.us**.

IDPH is required to investigate all complaints they receive against long term care facilities. Complaints may be filed in person, in writing, by email at **dph.ccr@illinois.gov**, or by calling the toll-free **Nursing Home Hotline** at **1-800-252-4343**.

EQUIP FOR EQUALITY NORTHEASTERN REGION

1-800-537-2632 (312) 341-0022 1-800-610-2779 TTY www.equipforequality.org

- This organization is a private not-for-profit legal advocacy organization. It is designated by the Governor to operate the federally mandated Protection and Advocacy System (P&A)
- It safeguards the rights of people with all disabilities regardless of age, in a longterm care facility.
- Provides self-advocacy assistance, legal services, disability rights education, public policy advocacy and conducts abuse investigations.